

Lifestyle & Leisure

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CERTIFICATE

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CERTIFICATE IN

MAKEUP TECHNIQUES – PROGRAM CODE 7143

Our Makeup Techniques certificate program is designed to provide basic makeup skills for day, evening, special events and professional applications. Upon successful completion of the three 30-hour courses, you qualify for a certificate in Makeup Techniques.

COMPLETION REQUIREMENTS

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Makeup Techniques

MAKEUP TECHNIQUES

MAKE-002

Develop an understanding of colour coordination and make-up application through theoretical lessons and practical exercises. Learn basic makeup applications including sporty/natural, office/business and dramatic evening looks.

MAKEUP ARTISTRY 1

MAKE-003

Develop the skills and dexterity required for professional makeup techniques through practical in-class sessions. Cover the skills of makeup application for eyebrow shaping, highlighting and contouring. Learn to put together makeup kits, and how to create the different makeup looks required for weddings and special occasions.

Prerequisite: Makeup Techniques MAKE-002

MAKEUP ARTISTRY 2

MAKE-004

Continue to develop the skills and dexterity required for professional makeup techniques through practical in-class sessions. Cover the skills of makeup application for film, runway, and photography (both colour and black & white).

Prerequisite: Makeup Artistry 1 MAKE-003

COSMETICS BY CORRESPONDENCE

MAKE-005

Get a Diploma on your own time. This independent learning program is recognized by major retailers and manufacturers across Canada and abroad. Graduates include cosmeticians, beauty advisors, estheticians, direct sales consultants, store managers, sales representatives, company trainers and college students. You have up to a year to study the print material, and after successfully completing the home exam with a minimum 75% grade, will receive a diploma and a one-year membership from the Canadian Cosmetics Careers Association (CCCA).

For more details, e-mail distancelearning@centennialcollege.ca

Recommended: Makeup Techniques MAKE-002, Makeup Artistry MAKE-003

Notes:

1. This course has flexible entry. You may start and finish anytime during the semester.
2. Please allow 3-4 weeks for delivery within Canada and six-eight weeks outside Canada. All course materials are included in initial purchase. Fee is non-refundable.

**REGISTER
EARLY
seating is
limited!**

Disability Awareness Workshops

Centennial College and Variety Village are offering new workshops in understanding disabilities. Variety Village is a world-recognized authority providing integrated sports and life skills programs, applied research and learning programs that change children's lives and strengthen communities. These workshops take place at Variety Village, Centennial and community agencies. For more information, see centennialcollege.ca/varietyvillage

INTRODUCTION TO INCLUSION

CCVV-101

Join us for interactive hands on opportunities to increase your awareness of adapted activities, access and inclusive practices. This workshop highlights an ability-based approach, communication ideas and adapted programming.

BEHAVIOURS – RECOGNIZING AND SUPPORTING

CCVV-102

Gain insight and practical ideas to recognize and support individuals in a variety of settings in the field of disability awareness. Instructors will facilitate an interactive session to increase your confidence in working with people to foster positive contributions from all participants.

RESPITE SERVICES AND OPTIONS

CCVV-202

Are you an individual interested in increasing your awareness of supportive program initiatives? Families, educators, students, volunteers and community organization representatives are encouraged to join us to develop networks, contacts and learn more about available resources in respite programs/ services relate to disability awareness.

ADAPTED RECREATION & SPORT

CCVV-301

Join us to increase your awareness of recreational-competitive opportunities. Activities offered will be hands-on and promote inclusive practices, equipment options and resources.

SENSORY – OPTIONS AND OPPORTUNITIES

CCVV-302

Are you seeking new program ideas in the home or community related to disability awareness? This workshop will provide a welcoming environment of practical discovery of sensory ideas, equipment and options.

FUNDING IDEAS & INITIATIVES

CCVV-401

Are you looking for ideas to assist with financial support for you, your family, community or organization? This workshop will explore funding options, how to access them, creative funding ideas through increased knowledge of resources and networking in the field of disability awareness.

ACCESSIBILITY: ATTITUDINAL, STRUCTURAL,

PHYSICAL, COMMUNICATION, SOCIETAL

CCVV-401

Increase your awareness of customer service, communication styles and society barriers and provisions. Participants will gain understanding and insight into the promotion/inclusion of people of all ages/abilities.

ACCESSIBILITY: HOME, VEHICLE, COMMUNITY

CCVV-402

Identify accessibility barriers and adaptation ideas for individual participation in the home and community. Participants will have an increased awareness of initiatives in access, resources and contacts.

LEGAL RIGHTS & ISSUES

CCVV-501

Know your rights as a person with a disability, a family member or community organization interested in equity, inclusive practices and promoting accepting/ welcoming environments. Workshop instructors will provide insight and resources to increase your awareness of the legal system in Ontario as it relates to disability issues.

Hearing Conservation

HEARING CONSERVATION & AUDIOMETRY HEAR-800

This course is designed for industrial audiometric technicians, occupational health nurses, safety supervisors and health management executives responsible for, or interested in, hearing conservation and measurement. You will learn how to assist management in establishing an effective hearing conservation program. There will be heavy emphasis on instruction in pure tone audiometric screening and hearing protection, and an understanding of the problems involved, so that effective measures can be instituted.

REFRESHER/HEARING CONSERVATION & AUDIOMETRY HEAR-801

(Recommended every three years)

This is designed to review principles and techniques in hearing conservation and audiometry. It is designed for the individual who has completed a Hearing Conservation and Audiometry course within the past three years.

Home Renovations

HOME STAGING 101 CESI-790

Reduce your stress. Get more organized. Fall in love with your house. Learn how to stage your house with tips and techniques from the authors of the "Do-it-yourself Home Staging Kit." You will be proud to show off your house whether you're living in it, celebrating in it, or selling it. Bring a picture or two of a room for which you would like advice.

WOODWORKING CESI-763

This course is a guide for anyone who is interested in woodworking. Participants will become familiar with various wood products and their uses, as well as woodworking tools and their proper use. A professional approach in woodworking projects is explained and practiced. Students will practice building a small wood project. Class size limited to 10.

Note: Please bring the following items with you to class: safety glasses, dust mask, ear plugs/protection.

HOME DESIGN AND RENOVATIONS CESI-755

For most of us, our house is the biggest investment we ever make. It's often necessary to do small or major renovations to maintain our home and/or to create a more functional and pleasant atmosphere that suits our lifestyle. This 24-hour course will inform you of how houses are built and guide you through various stages of home renovations. Professional renovation and cost-saving methods, and how to hire the right contractor for major work in your home is discussed. If you want just a short workshop on your specific interest, register for one or more of the three-hour mini-workshops (see this page). All the following topics, as well as planning, design tips and stairs, closets and laundry room renovations, are included in the 24-hour comprehensive course. Register early; class size limited!

BASICS OF HOME RENOVATIONS CESI-756

This introductory workshop will give you general information about house structure from footings to the roof. You will gain information on how the structure of a house holds together and how it functions, including plumbing, mechanical, electrical, etc. You gain preliminary knowledge to do any type of home renovation.

BATHROOM RENOVATIONS CESI-758

Various steps of renovating a bathroom are explained. Do-it-yourself'ers can gain skills and knowledge to renovate their bathroom with confidence. Replacing bathroom fixtures is illustrated and discussed. Participants are encouraged to bring in their own projects for discussion.

KITCHEN RENOVATIONS CESI-759

This course is designed for those do-it-yourself'ers who want to save on the skyrocketing costs of a professional kitchen renovation. Participants are guided through the stages of planning and executing their own kitchen projects. Replacing kitchen cabinets, countertops and kitchen sink installation is demonstrated.

BASEMENT RENOVATIONS CESI-760

The basement is a large area of your home which is included in your property tax and utility bills. How to professionally upgrade your basement to a living area is explained. If you are a do-it-yourself'er, you will learn the skills and knowledge of how to finish your basement.

Life & Career Skills

THE SMART DIVORCE CESI-602

People often divorce without understanding that it is a process that has both legal and emotional components. Myths and misunderstandings prevail about the effects of divorce on parents and children. This workshop will help those contemplating or experiencing divorce navigate the process. Learn what to expect about all aspects of the divorce process, how to work more effectively with a lawyer and other professionals, and strategies and tips to reduce the complexity and costs. Become better prepared for your divorce with focus and confidence while saving time and money.

STARTING YOUR OWN HOME BUSINESS CESI-766

Want to set up your own small business at home? What are the rules and regulations? Come find out (and share) what resources are available to you, and learn the top ten tips in setting up a successful home-based business.

CUSTOMER SERVICE 101 CESI-783

Success in any business means skill in working with your customers and creating loyalty. Find out how you can exceed expectations and keep them coming back. Learn and practice the skills you need to be great at customer service and, at the same time, gain insight into your own encounters with tough customers.

TIME MANAGEMENT CESI-798

A major challenge today is how to get more done with less free time. Attend this workshop to learn how to maximize the use of your time. Learn how to use the right tools and techniques to become more proactive. Effective time management also helps reduce the stress in your life!

FUNDRAISING TECHNIQUES CESI-711

Are you in charge of fundraising for your non-profit organization, club, or company? This workshop will help you develop your plan. Learn how to set up the framework for a campaign, identify potential donors, the stages of a campaign, various ways to raise money, and some ideas on how to canvass and manage your marketing.

Get Creative!

For creative workshops at our Centre for Creative Communications (East York Campus), visit centennialcollege.ca/media

Health, Wellness and Fun

BOLLYWOOD DANCE

CESI-867

Join this latest dance craze! This is a workshop for anyone looking to learn a new dance, workout (through dancing), and make new friends. Bollywood dance is a melting pot of East Indian dance, folk and other dance styles. Join in and learn this fun dance style performed to the latest songs from Indian (Bollywood) films. Dress comfortably.

SAMBA FOR EVERYONE

CESI-868

Let Brazil's timeless dance, Samba, move you! Centennial invites you to join us for a revitalizing workout...Carnival style! Dance from beginning to end to amazing drums through a fun and inspiring dance routine. This alternate fitness workout will give you an invigorating cardio-workout and shape your body.

BELLY-DANCING FOR BEGINNERS

CESI-768

Join us for this series of six one-hour exciting and invigorating workout classes! Learn some basic belly dance movements, while toning and shaping your body, and having fun! Dress comfortably.

MAKEUP FOR EVERYONE

CESI-774

This is a workshop for anyone! Find out your skin type and what you should be looking for in makeup products. Learn to apply makeup to enhance your individual features.

DIAMONDS – ALL YOU WANTED TO KNOW

CESI-791

Learn about the four C's, diamond grading, buying or selling a diamond, how to spot a fake, wholesale prices, "blood" diamonds, and more, in this fun, interactive three-hour workshop.

SANDWICH GENERATION 101

CESI-794

When parents or elderly relatives get ill, we often do not know where to turn. How do you find the help they need to keep them in their own home? What are the pro's and con's of bringing mom and/or dad into your home? When is long term care the only option? Who pays for their care and what government benefits are they entitled to? How do you take care of yourself as well? Come to this interactive workshop with all your questions!

ESTATE ORGANIZATION

CESI-800

Ever wondered what your parent's wishes are? Do your children know what your end of life wishes are? These are tough topics but, organizing and discussing these things now, will provide peace of mind and money savings later. This information session will discuss: What are Powers of Attorney and why are they important? Why is a Will important? Why and when is a Will probated? Why pre-arranging a funeral matters. Downsizing and selling the family home. How to have these tough conversations and still maintain strong family ties.

\$5 workshops!

Short study skills and job search workshops; most only \$5! Call 416-289-5207, or visit centennialcollege.ca/success.

CARING FOR THOSE WITH ALZHEIMER'S

CESI-773

Are you a family member or caregiver of a person with Alzheimer's? Would you like specific information on issues on this topic? Would you like tips on how to care for, comfort, entertain, feed and bathe them? Then this workshop is for you. Join us for a fun, interactive and informative workshop, in which we'll discuss your questions and concerns and share helpful resources and information.

WHAT THE HEALTH ARE YOU EATING?

CESI-869

Join us for an interactive session on the connection between nutrition and a healthy lifestyle. We will explore the nutritional value of food and the role nutrition plays in achieving a healthy body, mind and spirit.

IMAGE MAKEOVER

CESI-748

A first impression is a lasting impression. We have as little as 30 seconds to establish a positive one. This workshop will help you make the most of your wardrobe and grooming by showing you what not to wear in any social or business occasion. Learn to choose the right clothes to suit your body and personal style. Discover the power of colour and how to use it to your advantage.

VOICE MAKEOVER

CESI-707

Improve the sound of your voice and learn easy exercises to speak more clearly. Speak with more volume, a larger range of sound, crisp diction, enthusiasm and confidence. Learn the fundamentals of voice and speech production in this short session with professional speech and voice coach Kathy Thompson.

UNDERSTANDING AND CORRECTING

CANINE BEHAVIOUR PROBLEMS

CESI-964

Participants will develop an understanding of how the learning process influences the development of behaviour problems in dogs. Methods of solving common problems such as aggression and separation anxiety will be examined using audio visual aids and case studies.

Don't pay for parking!

Parking gates are up at all campus locations (except Morningside) evenings after 6 pm and weekends for continuing education students.