



Take some time for you – get to know our lifestyle and leisure courses and workshops. We offer a variety of workshops to appeal to individual preferences, hobbies and interests. Select your courses from our large selection as part of your life long learning journey.

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MAKEUP TECHNIQUES CERTIFICATE – 7143

Our Makeup Techniques certificate program is designed to provide basic makeup skills for day, evening, special events and professional applications. Upon successful completion of the three 30-hour courses, you qualify for a certificate in Makeup Techniques.

COMPLETION REQUIREMENTS

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MAKEUP TECHNIQUES MAKE-002

Develop an understanding of colour coordination and make-up application through theoretical lessons and practical exercises. Learn basic makeup applications including sporty/natural, office/business and dramatic evening looks.

HOURS: 30 **FEE:** IC: \$275 (inc \$50 materials fee)

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Sept 13 – Nov 22 (no class Oct 11)	M	7-10 pm	PRO
Winter	821	Jan 10 – Mar 21 (no class Feb 21)	M	7-10 pm	PRO
Spring	881	July 4 – 8	M-F	10 am-4 pm	PRO

MAKEUP ARTISTRY 1 MAKE-003

Develop the skills and dexterity required for professional makeup techniques through practical in-class sessions. Cover the skills of makeup application for eyebrow shaping, highlighting and contouring. Learn to put together makeup kits, and how to create the different makeup looks required for weddings and special occasions.

Prerequisite: Makeup Techniques MAKE-002

HOURS: 30 **FEE:** IC: \$275 (inc \$50 materials fee)

TERM	SEC. #	DATE	DAY	TIME	LOC
Winter	821	Jan 19 – Mar 23	W	7-10 pm	PRO
Spring	841	April 4 – June 13 (no class May 23)	M	7-10 pm	PRO
	881	July 11 – 15	M-F	10 am-4 pm	PRO

MAKEUP ARTISTRY 2 MAKE-004

Continue to develop the skills and dexterity required for professional makeup techniques through practical in-class sessions. Cover the skills of makeup application for film, runway, and photography (both colour and black & white).

Prerequisite: Makeup Artistry 1 MAKE-003

HOURS: 30 **FEE:** IC: \$275 (inc \$50 materials fee)

TERM	SEC. #	DATE	DAY	TIME	LOC
Winter	821	Mar 24 – May 26	Th	7-10 pm	PRO
Spring	881	July 18 – 22	M-F	10 am-4 pm	PRO

Disability Awareness Workshops

Centennial College and Variety Village are offering new workshops in understanding disabilities. Variety Village is a world-recognized authority providing integrated sports and life skills programs, applied research and learning programs that change children's lives and strengthen communities. These workshops take place at Variety Village, Centennial and community agencies. For more information, see centennialcollege.ca/varietyvillage

INTRODUCTION TO INCLUSION CCVV-101

Join us for interactive hands on opportunities to increase your awareness of adapted activities, access and inclusive practices. This workshop highlights an ability-based approach, communication ideas and adapted programming.

HOURS: 6 **FEE:** IC: \$45

TERM	SEC. #	DATE	DAY	TIME	LOC
Winter	821	Feb 19	Sa	10 am-4 pm	Offsite: VV

BEHAVIOURS – RECOGNIZING AND SUPPORTING CCVV-102

Gain insight and practical ideas to recognize and support individuals in a variety of settings in the field of disability awareness. Instructors will facilitate an interactive session to increase your confidence in working with people to foster positive contributions from all participants.

HOURS: 6 **FEE:** IC: \$45

TERM	SEC. #	DATE	DAY	TIME	LOC
Spring	841	April 23	Sa	10 am-4 pm	Offsite: VV

Offsite: VV = Variety Village, 3701 Danforth Ave., Scarborough, ON M1N 2G2

ACCESSIBILITY: HOME, VEHICLE, COMMUNITY CCVV-402

Identify accessibility barriers and adaptation ideas for individual participation in the home and community. Participants will have an increased awareness of initiatives in access, resources and contacts.

HOURS: 6 **FEE:** IC: \$45

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Oct 23	Sat	10 am-4 pm	Offsite: VV

LEGAL RIGHTS & ISSUES CCVV-501

Know your rights as a person with a disability, a family member or community organization interested in equity, inclusive practices and promoting accepting/welcoming environments. Workshop instructors will provide insight and resources to increase your awareness of the legal system in Ontario as it relates to disability issues.

HOURS: 6 **FEE:** IC: \$45

TERM	SEC. #	DATE	DAY	TIME	LOC
Spring	841	June 11	Sat	10 am-4 pm	Offsite: VV

Hearing Conservation

HEARING CONSERVATION & AUDIOMETRY HEAR-800

This course is designed for industrial audiometric technicians, occupational health nurses, safety supervisors and health management executives responsible for, or interested in, hearing conservation and measurement. You will learn how to assist management in establishing an effective hearing conservation program. There will be heavy emphasis on instruction in pure tone audiometric screening and hearing protection, and an understanding of the problems involved, so that effective measures can be instituted.

HOURS: 16 **FEE:** IC: \$470

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Nov 9 – 10	Tu/W	8 am-5 pm	PRO
Spring	841	May 10 – 11	Tu/W	8 am-5 pm	PRO

REFRESHER/HEARING CONSERVATION & AUDIOMETRY HEAR-801

(Recommended every 3 years)

This course is designed to review principles and techniques in hearing conservation and audiometry. It is designed for the individual who has completed a Hearing Conservation and Audiometry course within the past three years.

HOURS: 8 **FEE:** IC: \$260

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Nov 9	Tu	8 am-5 pm	PRO
Spring	841	May 10	Tu	8 am-5 pm	PRO

Health, Wellness and Fun

Centennial offers a wide variety of workshops that will appeal to your interests, hobbies and preferences. So, take one or many of our diverse offerings to satisfy your lifelong learning journey!

GLOBAL BRIDAL INTENSIVE WORKSHOP SERIES CESI-501

This interactive workshop will explore makeup techniques inspired by three diverse, cultural looks:

- 1) Bollywood Bridal
 - utilizing the cultural bridal colors of red and gold in a modern way;
 - both subtle and dramatic eyes looks that compliment the traditional burgundy lip popular in South Asian Bridal Makeup.
- 2) Egyptian Bridal
 - explore the colorful eye shadow techniques of this exciting genre (including a modern interpretation of the classic "Egyptian Wing-tip" eye), and learn how to choose the perfect lip shades to balance the look
- 3) Chinese Bridal
 - a unique style incorporating pastel hues and shimmery subtlety.

Students will learn through both instructor demonstration and practical techniques.

HOURS: 18 **FEE:** IC: \$175

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Oct 23, 30, Nov 6	Sa	10 am-4 pm	PRO
Winter	821	Feb 5, 12, 19	Sa	10 am-4 pm	PRO
Spring	841	June 4, 11, 18	Sa	10 am-4 pm	PRO

BELLY-DANCING FOR BEGINNERS

CESI-768

Join us for this series of six one-hour exciting and invigorating workout classes! Learn some basic belly dance movements, while toning and shaping your body, and having fun! Dress comfortably.

HOURS: 6 **FEE:** IC: \$50

TERM	SEC. #	DATE	DAY	TIME	LOC
Term	801	Oct 3, 10, 17, 24 Oct 31, Nov 7	Sun	10-11 am	PRO
Term	821	Jan 30, Feb 6, 13, 20, 27, Mar 6	Sun	10-11am	PRO
Term	841	May 22, 29, June 5, 12, 19, 26	Sun	10-11am	PRO

MAKEUP FOR EVERYONE

CESI-774

This is a workshop for anyone! Find out your skin type and what you should be looking for in makeup products. Learn to apply makeup to enhance your individual features.

HOURS: 4 **FEE:** IC: \$40 (includes some materials)

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Oct 2	Sat	10:30 am-2:30 pm	PRO
Winter	821	Feb 5	Sat	10:30 am-2:30 pm	PRO
Spring	841	June 4	Sat	10:30 am-2:30 pm	PRO

SANDWICH GENERATION 101

CESI-794

When parents or elderly relatives get ill, we often do not know where to turn. How do you find the help they need to keep them in their own home? What are the pro's and con's of bringing mom and/or dad into your home? When is long term care the only option? Who pays for their care and what government benefits are they entitled to? How do you take care of yourself as well? Come to this interactive workshop with all your questions!

HOURS: 3 **FEE:** IC: \$35

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Oct 16	Sa	10:30 am-1:30 pm	ASH
Winter	821	Feb 20	Su	11 am-2 pm	PRO
Spring	841	May 5	Th	6:30-9:30 pm	CCC

CARING FOR THOSE WITH ALZHEIMER'S

CESI-773

Are you a family member or caregiver of a person with Alzheimer's? Would you like specific information on issues on this topic? Would you like tips on how to care for, comfort, entertain, feed and bathe them? Then this workshop is for you. Join us for a fun, interactive and informative workshop, in which we'll discuss your questions and concerns and share helpful resources and information.

HOURS: 3 **FEE:** IC: \$35

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Oct 23	Sa	1-4 pm	ASH
Winter	821	Feb 20	Su	noon-3 pm	PRO
Spring	841	June 12	Su	noon-3 pm	PRO

VOICE MAKEOVER

CESI-707

Improve the sound of your voice and learn easy exercises to speak more clearly. Speak with more volume, a larger range of sound, crisp diction, enthusiasm and confidence. Learn the fundamentals of voice and speech production in this short session with professional speech and voice coach Kathy Thompson.

HOURS: 3 **FEE:** IC: \$35

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Oct 9	Sa	1-4 pm	PRO
Winter	821	Feb 10	Th	6:30-9:30 pm	ASH
Spring	841	June 4	Sa	1-4 pm	PRO

ESTATE ORGANIZING

CESI-800

HOURS: 3 **FEE:** IC: \$35

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Nov 17	W	6:30-9:30 pm	PRO
Spring	821	Mar 30	W	6:30-9:30 pm	PRO

FEARLESS NETWORKING

CESI-870

HOURS: 3 **FEE:** IC: \$35

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Sept 18	Sa	10 am-1 pm	PRO
Winter	821	Jan 22	Sa	10 am-1 pm	PRO
Spring	841	May 7	Sa	10 am-1 pm	PRO

POWERPOINT PRESENTATION WITH PIZAZZ

CESI-801

PowerPoint Presentation PiZAZZ is a must see workshop for anyone who uses PowerPoint as a presentation tool. Marty MacPhail and Bonnie Dell will entertain you and help you discover simple, easy steps to becoming a dynamic presenter while making your presentations memorable, informative and persuasive.

HOURS: 3 **FEE:** IC: \$35

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Sept 25	Sa	10 am-1 pm	PRO
Winter	821	Jan 29	Sa	10 am-1 pm	PRO
Spring	841	May 14	Sa	10 am-1 pm	PRO

SAMBA FOR EVERYONE ^{NEW}

CESI-865

Let Brazil's timeless dance, Samba, move you! Centennial invites you to join us for a revitalizing workout. Carnival style! Dance from beginning to end to amazing drums through a fun and inspiring dance routine. This alternate fitness workout will give you an invigorating cardio-workout and shape your body.

HOURS: 12 **FEE:** IC: \$90

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Oct 5-Oct 21	Tu/Th	6:30-9:30 pm	PRO

UNDERSTANDING AND CORRECTING CANINE BEHAVIOUR PROBLEMS

CESI-964

Participants will develop an understanding of how the learning process influences the development of behaviour problems in dogs. Methods of solving common problems such as aggression and separation anxiety will be examined using audio visual aids and case studies.

HOURS: 3 **FEE:** IC: \$50

TERM	SEC. #	DATE	DAY	TIME	LOC
Spring	841	Apr 20	Wed	6:30-9:30 pm	PRO

WHAT THE HEALTH ARE YOU EATING ^{NEW}

CESI-869

Join us for an interactive session on the connection between nutrition and a healthy lifestyle. The interactive session will include information on the Five New Food Groups, the pH Story, and The Chemical Connection.

HOURS: 3 **FEE:** IC: \$35

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Oct 14	Th	6:30-9:30 pm	PRO

Home Renovations

HOME STAGING 101

CESI-790

Reduce your stress. Get more organized. Fall in love with your house. Learn how to stage your house with tips and techniques from the authors of the "Do-it-yourself Home Staging Kit." You will be proud to show off your house whether you're living in it, celebrating in it, or selling it. Bring a picture or two of a room for which you would like advice.

HOURS: 3 **FEE:** IC: \$55 (inc \$20 materials fee)

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Sept 18	Sa	10 am-1 pm	PRO
	802	Oct 26	Tu	6:30-9:30 pm	ASH
Winter	821	Jan 15	Sa	6:30-9:30 pm	CCC
	822	Mar 8	Tu	6:30-9:30 pm	PRO
Spring	841	May 7	Sa	10 am-1 pm	ASH
	842	June 23	Th	6:30-9:30 pm	PRO

WOODWORKING

CESI-763

This course is a guide for anyone who is interested in woodworking. Participants will become familiar with various wood products and their uses, as well as woodworking tools and their proper use. A professional approach in woodworking projects is explained and practiced. Students will practice building a small wood project. Class size is limited to 10.

HOURS: 12 **FEE:** IC: \$150

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Oct 16 & 23	Sa	10:30 am-4:30 pm	ASH
Winter	821	Mar 6 & 13	Su	10:30 am-4:30 pm	PRO
Spring	841	June 18 & 25	Sa	10:30 am-4:30 pm	ASH

HOME DESIGN AND RENOVATIONS

CESI-755

For most of us, our house is the biggest investment we ever make. It's often necessary to do small or major renovations to maintain our home and/or to create a more functional and pleasant atmosphere that suits our lifestyle. This 24-hour course will inform you of how houses are built and guide you through various stages of home renovations. Professional renovation and cost-saving methods, and how to hire the right contractor for major work in your home is discussed. If you want just a short workshop on your specific interest, register for one or more of the three-hour mini-workshops (see this page). All the following topics, as well as planning, design tips and stairs, closets and laundry room renovations, are included in the 24-hour comprehensive course. Register early; class size is limited!

HOURS: 24 **FEE:** IC: \$210

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Sept 19 – Oct 31 (no class Oct. 10)	Su	10 am-2 pm	PRO
Winter	821	Jan 22 – Mar 5 (no class Feb 21)	Sa	10 am-2 pm	ASH
Spring	841	April 30 – June 11 (no class May 21)	Sa	10 am-2 pm	PRO

BASICS OF HOME RENOVATIONS

CESI-756

This introductory workshop will give you general information about house structure from footings to the roof. You will gain information on how the structure of a house holds together and how it functions, including plumbing, mechanical, electrical, etc. You gain preliminary knowledge to do any type of home renovation.

HOURS: 3 **FEE:** IC: \$35

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Sept 23	Th	6:30-9:30 pm	PRO
Winter	821	Feb 23	W	6:30-9:30 pm	ASH
Spring	841	May 2	M	6:30-9:30 pm	PRO

BATHROOM RENOVATIONS

CESI-758

Various steps of renovating a bathroom are explained. Do-it-yourself'ers can gain skills and knowledge to renovate their bathroom with confidence. Replacing bathroom fixtures is illustrated and discussed. Participants are encouraged to bring in their own projects for discussion.

HOURS: 3 **FEE:** IC: \$35

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Sept 30	Th	6:30-9:30 pm	PRO
Winter	821	Mar 2	W	6:30-9:30 pm	ASH
Spring	841	May 9	M	6:30-9:30 pm	PRO

KITCHEN RENOVATIONS

CESI-759

This course is designed for those do-it-yourself'ers who want to save on the skyrocketing costs of a professional kitchen renovation. Participants are guided through the stages of planning and executing their own kitchen projects. Replacing kitchen cabinets, countertops and kitchen sink installation is demonstrated.

HOURS: 3 **FEE:** IC: \$35

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Oct 7	Th	6:30-9:30 pm	PRO
Winter	821	Mar 9	W	6:30-9:30 pm	ASH
Spring	841	May 30	M	6:30-9:30 pm	PRO

BASEMENT RENOVATIONS

CESI-760

The basement is a large area of your home which is included in your property tax and utility bills. How to professionally upgrade your basement to a living area is explained. If you are a do-it-yourself'er, you will learn the skills and knowledge of how to finish your basement.

HOURS: 3 **FEE:** IC: \$35

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Oct 14	Th	6:30-9:30 pm	PRO
Winter	821	Mar 16	W	6:30-9:30 pm	ASH
Spring	841	June 6	M	6:30-9:30 pm	PRO

Life & Career Skills

THE SMART DIVORCE

CESI-602

People often divorce without understanding that it is a process that has both legal and emotional components. Myths and misunderstandings prevail about the effects of divorce on parents and children. This workshop will help those contemplating or experiencing divorce navigate the process. Learn what to expect about all aspects of the divorce process, how to work more effectively with a lawyer and other professionals, and strategies and tips to reduce the complexity and costs. Become better prepared for your divorce with focus and confidence while saving time and money.

HOURS: 3

FEE: IC: \$49

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Oct 23	Sa	9 am-1 pm	PRO
Winter	821	Feb 5	Sa	9 am-1 pm	PRO
Spring	841	Apr 23	Sa	9 am-1 pm	PRO

STARTING YOUR OWN HOME BUSINESS

CESI-766

Want to set up your own small business at home? What are the rules and regulations? Come find out (and share) what resources are available to you, and learn the top ten tips in setting up a successful home-based business.

HOURS: 3 **FEE:** IC: \$35

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Nov 13	Sa	10 am-1 pm	ASH
Winter	821	Mar 19	Sa	1-4 pm	PRO
Spring	841	June 5	Su	1-4 pm	PRO

CUSTOMER SERVICE 101

CESI-783

Success in any business means skill in working with your customers and creating loyalty. Find out how you can exceed expectations and keep them coming back. Learn and practice the skills you need to be great at customer service and at the same time, gain insight into your own encounters with tough customers.

HOURS: 3 **FEE:** IC: \$35

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Sept 23	Th	6:30-9:30 pm	ASH
Winter	821	Mar 5	Sa	1-4 pm	PRO
Spring	841	June 7	Tu	6:30-9:30 pm	CCC

TIME MANAGEMENT

CESI-798

A major challenge today is how to get more done with less free time. Attend this workshop to learn how to maximize the use of your time. Learn how to use the right tools and techniques to become more proactive. Effective time management also helps reduce the stress in your life!

HOURS: 3 **FEE:** IC: \$35

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Sept 23	Th	6:30-9:30 pm	ASH
Winter	821	Mar 5	Sa	1-4 pm	PRO
Spring	841	June 7	Tu	6:30-9:30 pm	CCC

FUNDRAISING TECHNIQUES

CESI-711

Are you in charge of fundraising for your non-profit organization, club, or company? This workshop will help you develop your plan. Learn how to set up the framework for a campaign, identify potential donors, the stages of a campaign, various ways to raise money, and some ideas on how to canvass and manage your marketing.

HOURS: 6 **FEE:** IC: \$75 (inc \$10 materials fee)

TERM	SEC. #	DATE	DAY	TIME	LOC
Fall	801	Nov 11	Th	6:30-9:30 pm	PRO
Winter	821	Feb 24	Th	6:30-9:30 pm	PRO
Spring	841	May 28	Sa	10 am-4 pm	PRO

COSMETICS BY CORRESPONDENCE

MAKE-005

Get a diploma on your own time! This independent learning program is recognized by major retailers and manufacturers across Canada and abroad. Graduates include cosmeticians, beauty advisors, estheticians, direct sales consultants, store managers, sales representatives, company trainers and college students. You have up to a year to study the print material, and after successfully completing the home exam with a minimum 75% grade, will receive a diploma and a one-year membership from the Canadian Cosmetics Careers Association (CCCA). For more details, e-mail distancelearning@centennialcollege.ca

Recommended: Makeup Techniques MAKE-002, Makeup Artistry MAKE-003

HOURS: **FEE:** PB: \$450 (inc shipping and HST)

TERM	SEC. #	DATE	DAY	TIME	LOC
Spring	430	May 1 – Aug 28			DL

Notes:

1. This course has flexible entry. You may start and finish anytime during the semester.
2. Please allow three-four weeks for delivery within Canada and six-eight weeks outside Canada. All course materials are included in initial purchase. Fee is non-refundable.