

LIFESTYLE & LEISURE COURSES – FACULTY BIOS**Jane Durst-Pukys, BSc, CNP, RNCP**

Jane Durst Pulkys is a certified Clinical and Holistic Nutritionist. Jane travels throughout the world speaking and teaching on principles of the psychology of disease from a holistic perspective. As a facilitator she has presented to fortune 500 companies, organizations and institutions for groups of 30 to 5000. Jane is a regular guest on television and radio shows, sharing her wisdom on the principles of health through alkalizing our bodies, detoxifying, purifying our emotions and embracing universal truths. Jane's passion is evident in all her work as a practitioner, educator and nutritionist. Her goal is to help others live their best by tapping in to their highest wisdom and leaning the laws that shape our physical and emotional realities.

**Deborah Moskovitch**

Deborah Moskovitch is the creator and facilitator of The Smart Divorce®. The Smart Divorce includes a consulting service, workshops and the internationally acclaimed book: *The Smart Divorce: Proven Strategies and Valuable Advice from 100 Top Divorce Lawyers, Financial Advisers, Counselors and Other Experts*. Using her personal experience throughout divorce, as well as insights that she has gathered from leading divorce lawyers, therapists, parenting experts and financial gurus across North America, she has now become a divorce and relationship expert and educator in helping people be smart about the divorce process and moving on to a better life post-divorce

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Deborah has become an opinion leader in the media as she is often called on to comment on events surrounding divorce. She regularly shares her insights and research on television and radio to explain that divorce can be managed in smarter ways to minimize the grief and financial hardships people often experience. Deborah also speaks regularly about the importance of the emotional healing post-divorce and a regular contributor to “More” magazine’s online edition (A national publication celebrating women over 40). She is on the Board of Directors (Secretary) of AFCC Ontario, an international association of professionals dedicated to improving the lives of children and families through the resolution of family conflict.

Her goal is to help people manage the divorce process in a healthier, less painful way and move on to create a better life post-divorce. Deborah can help you become better prepared for your divorce, with focus and confidence, while saving time and money. The Smart Divorce workshop will help those contemplating or experiencing divorce navigate the entire process. Everything you've ever needed to know about life after divorce.