

**GNED-067 Speaking and Listening for Health Professionals**

This course is designed to help students in the Health Foundations program to continue to develop their intermediate listening and speaking proficiency within a health care related context. Through presentations and individual and group interactions, students will learn to produce information orally in an intelligible and coherent connected discourse, ask relevant and well-formed questions, and effectively explain, summarize and express opinions on what they have heard. This course will focus on both the accuracy and fluency of listening and speaking competence.

**GNED-068 Speaking and Listening for North American Health Professionals**

This General Education course focuses on cultural aspects of oral communication, such as culturally mediated conventions regarding gesture, intonation, rhythm, personal space, eye contact, and so on. Particular attention will be paid to use of these conventions in a health care setting.

**GNED-069 Communicating for Business**

This course provides an introduction to the nature of communication (speaking and listening) used in the global practice of business as part of the common first year of post-secondary level of business programs at Centennial College, and as an elective to other program areas. Emphasis will be placed on communicating with ease and fluency in the business setting, which includes topics such as technology, information, home-based business, e-business, and globalization. Readings of the textbook, newspaper, group discussion, the Internet, World Wide Web will be used. Each participant will be responsible for applying and monitoring his or her progress in the acquisition of verbal and non-verbal communication skills (pronunciation, language functions, rhythm and stress, gestures, body language and use of personal space). The content of this course will have application to those in a wide range of programs and disciplines as learning, employment and career opportunities exist in business organizations, in the public and private sector, in entrepreneurial activities and in global settings.

**GNED-103 The Canadian Economy**

This course provides instruction in the major areas of economics. Contemporary materials and examples will be used to illustrate: supply and demand relationships; forms of industrial organization; issues in political economics; profits and interest; full employment; inflation; money and banking; and government fiscal policy. International aspects, where appropriate, will be covered.

**GNED-104 Canadian Heroes**

This course will focus on history, literature, current events, popular culture and outstanding Canadian accomplishments that reflect the unique nature of our country. The problems, achievements and potential of our nation will be examined by concentrating on pivotal figures or groups past and present, which reflect the issues of their time. Particular emphasis will be given to heroes in every field from science and technology, to sports, the arts and politics, many of whom are unsung and undeservingly forgotten. The course will attempt foster pride in our nation through better understanding of who we are and what difficulties we have overcome and continue to face.

**GNED-105 Canadian Studies**

Learn what makes Canada unique by examining our geography, history, peoples, social and political institutions, national and international relationships.

**GNED-106 Consumer Psychology**

Why do we buy goods and services? What environmental factors influence the individual in the social setting of the market place? Examine the key concepts, research procedures and findings of consumer behaviours. Discuss issues such as ethical considerations within advertising, and explore the factors which influence consumers.

**GNED-113 Exploring Creativity**

Develop an awareness of the process through which you create, and apply this understanding to situations which demand a creative response. Apply the principles of creativity to ongoing expression of self in personal, social and work-related activities. Gain confidence by acquiring skills for presenting your creative work to others and for responding to the work of others in an informed and supportive way.

**GNED-117 History of Western Technology**

This course provides the student with an overview of various selected technologies, their historical development, and how they have impacted on society both historically and in modern times. In addition, the issues and potential impacts of modern developing technologies will be investigated.

**GNED-118 Human Rights and Employment Equity in the Canadian Workplace**

Respect for human rights and the maintenance of equity in the Canadian workplace are fundamental values supported by both federal and provincial legislation. What does the equitable workplace look like? Are the rights of Canadian workers upheld? Do all workers have equal access to training, employment, and promotion? Develop a critical perspective as you explore

these and other issues of importance to you as a Canadian worker.

**GNED-120 Introduction to Complementary Therapies**

Study the history and development of complementary therapies and modern medicine. Explore complementary therapies such as massage therapy, shiatsu, acupuncture, naturopathy, and many others. Identify trends, examine related issues, and reflect on the use of complementary therapies in the attainment of personal health and lifestyle goals.

**GNED-123 Logical Self-Defense**

Ordinary language is highly deceptive, filled with tricks for the unwary and sophisticated uses of subtle words and phrases which often mislead the unsuspecting. Learn how to distinguish types of language, such as description, explanation, and argument, to see how arguments are used to persuade and convince. Sharpen your thinking skills by examining good and poor arguments as used in everyday life--in advertising, science, and law. Develop skill by practicing with the three conditions of good argument: acceptability, relevance, and good grounds.

**GNED-124 Making Sense of the Canadian Political Economy**

Acquire skills and knowledge enabling you to function more effectively in the new economy by examining the themes that provide the backdrop to Canadian political institutions and economic conditions. Discuss our economic goals: economic growth, stable prices, full employment, and an equitable distribution of wealth. Use the newspaper to learn about political institutions and personalities, the passage of legislation, and the development of issues.

**GNED-126 Occupational Health and Safety**

Explore the fundamental concepts of occupational health and safety in the workplace by examining causes and prevention of occupational injury and disease. Apply Ontario and federal legislation to the workplace and be able to initiate emergency procedures where required. Learn procedures for safe handling and legal disposal of hazardous materials in the workplace and in the home.

**GNED-127 Personal Finance**

Acquire lifelong skills for making the most of your financial resources. Apply concepts of economic risk and financial security in the preparation of your personal financial plan. Project your future needs and design an investment plan that will work toward your goals. Learn how to promote your financial stability by researching current literature on personal finance issues.

**GNED-128 Personality and Growth**

This general education course is designed to improve your psychological well being and promote personal growth. You will gain a better understanding of yourself as you explore various personality theories and models of growth and apply the concepts to your own life. A personal plan will help you to identify the areas of growth and strategies for personal enrichment.

**GNED-129 Principles of Human Behaviour**

Identify the forces which shape emotional, cognitive, and social processes. Discover how phenomena such as learning, personality, and abnormal psychology can be studied and explained. Theoretical perspectives such as behavioral, psychoanalytical, psychobiological, and humanistic are used to demonstrate how diverse human phenomena are being studied.

**GNED-130 Principles of Sociology**

Discover the major theoretical perspectives used to explain the interrelationship between people and social processes and to analyze the complex network of social forces and institutions that influence us and are influenced by us. Apply these theories in the analysis of current social issues such as education and poverty, and of the impact of factors such as disability and ethnicity on individuals in Canadian society.

**GNED-131 Psychology in Everyday Life**

Explore the concepts and principles of selected areas of psychology. By using involvement exercises and activities, you will demonstrate your knowledge of the information by applying it to aspects of daily living, and in the process, improve your understanding of yourself, your environment, and your daily interactions.

**GNED-133 Smack, Crack, & Pot**

Explore the historical and psychosocial issues which are related to current psychoactive drug use. By planning your own experiment to examine drug usage, you will learn about the contributions of psychology and pharmacology to an understanding of the behavioural effects of drugs.

**GNED-135 Social Psychology**

Develop skills for influencing and relating to other people by studying the methods and findings of psychologists in the field of social relationships. Apply the principles of social thinking to everyday experience, and examine theories of social relations and apply them to behaviour.

**GNED137 A Wellness Approach to Stress Management**

Learn how to effectively cope with stress at home, school, and work, using a holistic approach. Explore the elements of a balanced lifestyle, such as active living, relaxation, and healthy relationships. Learn how to manage time, pace, and change. You will participate in presentations, discussions, reflection, and awareness exercises, as well as behaviour change planning.

**GNED-139 Transcultural Health**

Analyze health/illness concepts in relation to various cultural groups in Canada and Metro Toronto. Examine attitudes, beliefs, values, and how these impact health care delivery. Investigate traditional healing systems in comparison with Western health practices. Participate in role playing experiences, case studies and in depth discussions.

**GNED140 Wellness and Workstyle**

Apply the sciences of anatomy and physiology, biomechanics, nutrition, motivational psychology, and stress management to wellbeing in the workplace. Analyze the requirements of your chosen profession and develop a personal plan for physical wellbeing and injury avoidance. Principles and theories learned in the classroom will be applied in weekly labs involving physical activities related to your personal plan.

**GNED-144 Developmental Psychology**

Learn about the stages of human growth from birth to death by exploring human development in all stages from genetic transmissions of parents through prenatal development, infancy and childhood, maturity, late adulthood, and death. Examine the research methods by which we learn about human growth and the major psychological theories that have developed from this research.

**GNED-145 Contemporary Art History**

Students will explore the major developments in western art during the twentieth century. You will examine the influence of politics, literature, music, science and technology and the environment on contemporary artists and their works.

**GNED-147 Ethics in Business**

This course introduces students to the ethical considerations in the conduct of business in today's environment. The course examines various moral frameworks and develops a model for ethical decision-making. Students apply these frameworks and the decision-making model to ethical dilemmas and decisions with which today's business managers are faced. In this way students have the opportunity to enhance both their awareness of ethical issues as well as their moral reasoning skills. Classes will combine presentation of the various concepts in the course along with a variety of

ethical situations for students to examine. Students will be asked to resolve these ethical dilemmas based on their own ethical perspectives. This will require students to analyze, question, and perhaps alter their ethical approaches and priorities as the course progresses.

**GNED-148 History of Broadcasting**

History of Broadcasting explores the development of electronic media: inventors; inventions; historical, commercial, political and social context.

**GNED-151 Creative Writing**

There are those drawn to stretch themselves in finding language and structure to share what they remember, witness, wonder, or imagine with others. Creative writing is an analytical and experiential course designed to help those with the gift and/or urge to write, to find, express, and honour their own unique, creative voice and style. Students will gain a greater awareness of self and others by identifying the role of creative writing and its implications in their lives and the lives of others. They'll explore strategies for making creative writing an active and meaningful part of their lives and get past the challenges of their own fear and/or ambition. Students will have an opportunity to think critically and constructively about their own work as well as that of published authors and classmates and build up a body of creative work.

**GNED-157 The Automobile and its Impact on Society**

This course is intended to provide the student with an introduction to the impact of the automobile on the twentieth century. The course will explore social, environmental, cultural, economic and political influences of the automobile, such as its role in the sexual revolution, its impact on city planning and suburban sprawl, and its contribution to an improvement in workers' wages in North America at the beginning of the century.

**GNED-158 History of Western Architecture**

From the beginning of human society, buildings have been constructed to provide shelter and satisfy our aesthetic needs. The built environment is a reflection of our social values. Yet, we are seldom aware of the relationships between society, culture and building technology, which have influenced the development of the architectural forms, which now surround us. The buildings we use daily, serve as environments, which shape our lives. Students will gain cultural understanding and aesthetic appreciation by exploring western architectural examples of the past 5000 years. Through text readings, participation at illustrated lectures, and preparation of a research paper, students will discover the links between history, culture, and building technology, which continue to influence our built environment.

Based upon this overview of Western Architectural history, students will be encouraged to pursue an ongoing interest in architecture.

### **GNED-159 Geography and Tourism**

This course examines the world landscapes as well as associated cultural and historical phenomena. Contemporary theories in the earth sciences such as geological time, plate tectonics, processes of erosion and factors affecting climate are explored. The course is intended for students who wish to know more about how the physical, cultural and historical elements of the world landscape combine to make each designated region interesting and unique.

### **GNED-162 Propaganda**

This general education course guides students into a world where facts are manipulated, where thought is shaped by persuasion not fact and where opinion is dictated not developed. Following an exploration of examples of mass manipulation, principally from the 20th century, the course then helps students construct a means of seeing through the propaganda smokescreen a propaganda filter. It then guides them back to their own world with a greater awareness of how propaganda works and how it can be combated.

### **GNED-163 Holistic Approaches to Health: Aromatherapy**

In this course the learner will examine the historical and contemporary uses of holistic medicine using aromatherapy as a case in point. The course will focus specifically on treatments to relieve a wide variety of physical symptoms as well as treatments for stress-related symptoms. The learner will be able to create a sense of physical and emotional well-being using traditional holistic applications. Upon completion of this course s/he will be able to effectively relieve the symptoms of a variety of common ailments.

### **GNED-169 Popular Culture in the 21st Century**

Popular Culture in the 21st Century will explore questions at the heart of our changing world. Using real examples from our everyday lives - whether it be the experience of “going for a coffee”, voting for your favourite “Canadian Idol”, watching a music video on BET, or going shopping at the Eaton’s Centre - this course analyzes and contextualizes some of the most important features of culture in the 21st century.

### **GNED-171 Perspectives on Human Aging**

This General Education course is designed to provide an opportunity for understanding the biological, psychological and sociological aspects of the human aging process. Note: Students who have taken SO200, Human Aging, cannot take this course.

### **GNED-172 World Religions**

This course offers a college-level introductory survey of the major religions of the world. The students will gain a broad, basic understanding of ancient and tribal religions, North American Indigenous religions, Hinduism, Jainism, Buddhism, Sikhism, Taoism, Confucianism, Zoroastrianism, Judaism, Christianity, Islam, and New Religions. Each of the religions will be studied under five major divisions: origin and development, literature, beliefs, worship and ritual, ethics and institutions. The course will provide a comparative understanding of similarities among the religions while highlighting each religion's distinctive elements.

**GNED-173 Social History of Design**

This General Education course introduces students to the history of design and encourages analytical thinking about the development of design form in human communication. Students will analyze the influences of cultural, social and political factors on the creation of visual messages. Through studies of design history, ideology and aesthetics, students will examine the development of human perception of meaning in visual form. Students will work individually and in teams. At the end of this course, students are expected to do independent research in their community and deliver an effective visual message about their community in class.

**GNED-174 The History of World Art from the Prehistoric to the Seventeenth Century**

This lecture course will survey the history of world art, including painting, sculpture and architecture, from prehistoric times to the Seventeenth century, and will focus on the examination of parallel cultures in the terms of spirituality, the self, nature and the city. The context of art will be examined in terms of identification, description, analysis, interpretation and evaluation. A variety of delivery techniques including visits to museums and galleries, lectures, in-class discussions, research involving text and the Internet, and instruction on writing about art, will be used. Regular attendance in this course is mandatory.

**GNED-175 Perspectives on Human Sexuality**

This General Education Course is intended to introduce students to the discipline of sexuality. The concept of diversity will be a common thread throughout the course. A multicultural, multiethnic approach will reflect the diversity of sexual experience not only in Canadian society, but also the world at large.

**GNED-176 Canadian Society in the Twenty-First Century: a Historical Sociological Approach**

Canadian Society in the Twenty-First Century takes a historical sociological approach to the study of contemporary Canada and its roots. The following questions will be examined: What is Society? What is Canadian Society?

today and how have Canadians evolved as a society? How have the three main pillars of Canadian Society: the aboriginal, francophone and Anglophone shaped Canadian Society? How has the immigrant experience shaped Canadian Society? How has Canada's relationship with the United States shaped Canadian Society? What is our role in the world of the 21st century? In the context of these questions, students will critically explore Canadian history, peoples, political and socio-economic institutions, and national and international relationships in order to arrive at an understanding of the present. Students will reflect upon and analyze Canadian issues, roots, meaning today, and influence on the future. The topics explore the challenges that are faced as Canadians. By its very nature, this course requires flexibility to respond effectively to current issues affecting Canada.

### **GNED-183 Introduction to Team Development**

The shift from a traditional workplace of individual effort to the more flexible team environment requires students to understand the theories and processes which affect their participation in rewarding work. The course provides an historical perspective of changing workplace dynamics while addressing successful team formation and outcomes. It examines personal styles within the context of developing effective teams and enables the student to confidently experience team challenges in a safe and supportive environment.

### **GNED-189 Design Principles and Practices**

This foundation course has been designed for anyone who has to use anything created by another human. It will change how you experience and interact with your physical surroundings, open your eyes to the perversity of bad design and the desirability of good design, and raise your expectations about how things should be designed. The premise of this course is that good design can be induced by a sympathetic and knowledgeable group of amateurs of non-professional design lovers. The extensive number of examples used throughout this course will offer you an opportunity to nourish your innate design instincts and to make you grow in new and creative ways.

### **GNED-500 Global Citizenship: From Social Analysis to Social Action**

This course provides the opportunity to develop the skills required to work and live in a diverse world. It presents a foundational, unique and critical look at the roots and impact of inequality and discrimination related to issues of social justice, the environment and technology and energy. Learners explore personal and social responsibility in their communities, personal lives, and in global and local work environments. Critical analysis of ideas and the examination of values and identities will assist learners to develop communication, advocacy and conflict resolution skills.