

STUDENT LIFE ENHANCEMENT



Student Life Enhancement

ASSESSMENT CENTRE

Have you been asked to write a language or math assessment?

The Assessment Centre at Progress campus is responsible for the administration of College skills assessment for admission and placement purposes. Our services are offered on an appointment basis and can be booked online at <http://winapp.centennialcollege.ca/oat> or call 416-289-5300.

If you require accommodations for your skills assessment due to a disability, please contact the Centre for Students with Disabilities at 416-289-5000, ext. 2627.

If you live 150 kilometres or further from our campuses, you may still access our services in your home town through off-site testing. For information about this service or to complete an on-line application please go to <http://centennialcollege.ca/admissions/SkillsAssessment>

Refer to the question "What if I live out of town?" for more information.

If you require our services for another institution, we will be happy to provide supervised exam invigilation. To arrange an appointment, a listing of fees or a description of our facility, please contact the Scheduling Administrator at 416-289-5000, ext. 2596.

More information can be viewed on our website at centennialcollege.ca.



CAREER AND COUNSELLING CENTRE

We want you to be successful. Our mandate is to provide services that will help you overcome whatever barriers to your success you may encounter whether they are personal, career or academic in a safe and supportive environment. Our services are confidential, and free for all registered Centennial College students.

Professional counsellors on each campus offer:

- Short-term, solution-focused personal counselling which helps you address issues such as anxiety, stress management, grief and loss, relationship issues, and crisis intervention
- Skilled referrals to appropriate community agencies or other professionals when needed
- Career assessments where a counsellor works with you to help you explore careers and career possibilities. That way, you can make an informed decision on the career path that is best suited to your interests and goals
- Study skills workshops and one-on-one academic advising that help you make the transition into college smoothly.

Drop in or call your appropriate campus to make an appointment:

- Ashtonbee, room A1-11, ext. 7252
- Morningside, room 190, ext. 8025
- Progress, room C1-03, ext. 2627
- The Centre for Creative Communications, room 285, ext. 8025

Or visit us at centennialcollege.ca/counselling.

CENTRE FOR STUDENTS WITH DISABILITIES

Centennial is committed to providing the best possible education for all of our students. This includes meeting the needs of students with disabilities who may require adjustments or accommodations for their success. The Centre for Students with Disabilities (CSD) serves as an advocacy centre, facilitating access to accommodations for students with disabilities and providing support and information for students, faculty and staff.

If you have a disability (e.g. learning disability, ADD/ADHD, medical or mental health condition, physical, visual, hearing or mobility impairment) and require academic accommodations, you must register with the CSD. Contact the CSD at the campus you will be attending to arrange an appointment with the Disabilities Counsellor. It is best to do that well in advance of classes to allow time to arrange for assistance. Documentation of a disability is required to determine what accommodations may be necessary. Our service is free and confidential and is available to all Centennial College students with documented disabilities.

Services Available

- **Ongoing:** Counselling, access to accommodations, assistance and support in self-advocacy, and developing and training of strategies and skills for student success.
- **Assistive Technology Labs:** Each CSD has a computer lab that is equipped with specialized software and hardware to ensure access in all of your program and academic needs. Training is provided.
- **AIMS-LD (Academic Improvement and Monitoring Service for Students with Learning Disabilities):** Support and training with an Assistive Technologist and a Learning Strategist.
- **START (Smart: Successful Transitions: Advocacy – Resources – Training):** CSD's transition program is the proud recipient of the City of Toronto's 2010 Access Award for Disability Issues. Components of the program include:
 - » **START Smart Summer Conference –** Held at Centennial's Residence and Conference Centre, students with learning disabilities receive a valuable preparation for college life through workshops, presentations & fun group activities
 - » **Introduction to College Life –** Workshops for all students with documented disabilities and their parents/guardians and high school Special Education classes
 - » **Peer Mentor Program –** Ongoing, for students with learning disabilities

What You Will Need to Bring With You to Your Appointment

- The documentation required depends on the nature of your disability and may include high school records (IEP), medical information, psychoeducational assessments, psychological reports and any other information that explains the nature of your disability, including recommended strategies/accommodations. Contact us to find out what specific documentation is required for you.

NOTE: High school records are not automatically forwarded to the college.

How to Reach Us

To make an appointment and to verify required documentation, contact the CSD at your campus:

- Ashtonbee, Room A1-11
416-289-5000, ext. 7252
- The Centre for Creative Communications, Room 284 – 416-289-5000 ext. 8664
- Morningside, Room 190
416-289-5000, ext. 8025
- Progress, Room C1-03
416-289-5000 ext. 2627

EMPLOYMENT RESOURCES

Our staff work individually with students and graduates to provide them with the necessary job search tools. Our Student Employment Advisors are available at all of Centennial's campuses on an appointment basis to advise you on topics such as:

- Resumé and cover-letter writing, portfolio development
- Interview simulations and techniques
- Job search strategies
- Feedback in minutes at a Resumé Drop-In Clinic – no appointment necessary

A variety of online resources and services are available to assist you with your job search, including:

- Place Pro – access to jobs advertised by employers
- Grad Success Pack – an all-in-one online resource including sample résumés and cover letters targeting a variety of programs, a comprehensive job search guide, and tip sheets on topics from job search and interview techniques to business etiquette and accepting job offers
- Job Vision – a comprehensive and detailed job search guide
- Optimal Resume – resume and portfolio builder
- We also organize various career fairs and recruitment events throughout the academic year – check our website for dates.
- Tip sheets, access to key publications and career directories, plus computer lab and free fax service are available at our main office in room D2-08 at Progress campus for researching and communicating with employers.

More information on our resources and how we can help you can be found on our website at centennialcollege.ca/employment. Drop by the Cooperative Education & Employment Resources office, room D2-08 at Progress campus or room 324 at Morningside campus to learn more, or call 416-289-5000, ext. 8121 to make an appointment at any campus.

Our hours of operation are Monday to Friday, 8:30 am-4:30 pm.



STUDENT ADVISING OFFICE

Do you want to study full-time at Centennial College or are you a current student?

Whether you are interested in attending Centennial full-time, are a brand-new student or are about to graduate, you are bound to have questions at some time or other. Our advisors are here to help you navigate through the application process and the various college services you might find helpful.

Please contact us if you have questions about any of the following:

- How to become a Centennial student and understanding the application process
- Program admission requirements and basic program information – post-secondary, fast-track, graduate certificate programs, degrees and apprenticeships
- Upgrading information
- Information about obtaining credit for prior post-secondary study and/or related work experience: transfer of credits or Prior Learning Assessment & Recognition (PLAR)
- Basic information about OSAP and bursaries offered by Centennial College
- General information on different student services
- Referral to appropriate internal and external resources
- Important deadlines
- Next steps after you have accepted your program offer
- Transferring to another program at Centennial
- Getting a locker, a parking permit, books, timetable, etc.
- Not being able to keep up in class or feeling overwhelmed by starting college

Do You Have College or University Education From Another Country?

If you are a newcomer to Canada, in addition to the above, our advisors can discuss credential assessment (prior academic experience) with you and refer you to the appropriate agencies. We can also provide information on targeted programmes for those with education from other countries, some of which may lead to a Canadian credential in as little as eight months/one year.

Contact Information

To speak with an advisor please visit our Advising Office, Room D2-05 at Progress Campus. Advisors are available from 8:30 am to 4 pm, Monday through Friday. If you are current student at one of our other three campuses, please call 416-289-500 ext. 2598 to arrange an appointment with an advisor or e-mail us at advising@centennialcollege.ca.

We also welcome walk-ins: Advising hours are Monday to Friday from 8:30 am-4 pm, Progress campus, room D2-05.

STUDENT RELATIONS OFFICE

Are you struggling academically? Are you dealing with a personal issue that is affecting your academic success?... We can help you!

We will listen to you and provide information and support when you have concerns or complaints including:

- Academic matters
- Social or behavioural concerns
- Issues of conflict
- Harassment or discrimination

We explain College policies and how they apply to you.

We resolve complaints either through informal resolution, mediation or formal process.

We'll help you navigate the College system, and understand your rights and responsibilities.

We can help you become a better communicator and self-advocate when interacting with instructors, Program Chairs and others.

We provide information on the Student LGBTQ Club and Multi Faith Room.

For further information, please contact the Student Relations Office at 416-289-5000, ext. 2499 or e-mail sattwala@centennialcollege.ca

ATHLETICS AND RECREATION

RECREATION ACTIVITIES

The AWC (Athletic and Wellness Centre) at the Progress Campus features a triple gym, cardio/fitness area, aerobics/wellness studios, indoor track, climbing wall, squash courts and a spa. At the Ashtonbee Campus, instructional, recreational and intramural activities are programmed into the gym and students can also use the cardio/fitness room. The Morningside Campus offers a cardio/fitness room while at the Centre for Creative Communications Campus students have membership privileges at an off campus private health club. Students using Centennial recreation facilities must present a valid student card.

RECREATIONAL/INTRAMURAL ACTIVITIES

An important part of campus life is your participation in recreational activities. Intramural leagues and instructional programs are an excellent way to meet new friends, get in shape and provide a balance from the demands of the classroom. Instructional, intramural and special events are scheduled around timetables to maximize participation.

Looking for a part-time job? Please drop by the AWC to pick-up an application for positions as conveners, game officials, referees, fitness instructors or facility attendant.

INTERCOLLEGIATE SPORTS

Centennial College is a member of the Ontario Colleges Athletic Association. Full-time student athletes, interested in competitive intercollegiate sports, are invited to try out for any of the following teams. League schedules and practice times are posted in the AWC and available at centennialcollege.ca

- Men's and women's basketball
- Men's and women's soccer
- Badminton

OCAA intercollegiate student athletes are provided uniforms, game transportation, hotels and meal subsidies plus an Athletic Therapist is on staff to access and treat athletic injury.

Ice hockey, volleyball, cricket and basketball are examples of Centennial extramural Intercollegiate teams that participate in tournaments against other colleges and universities.. For further information please drop by the AWC or log on to centennialcollege.ca.

ACADEMIC/ATHLETIC AWARDS

A limited number of academic/athletic financial awards are offered to OCAA Intercollegiate student athletes that have combined athletic excellence with academic achievement. Additional consideration will be given to student athletes with financial need. Contact the Athletics and Recreation Department for information. 416-289-5000, ext. 2205.

PLACEMENT ADVICE FOR STUDENT SUCCESS (PASS)

ASSESSMENT CENTRE

Centennial College is committed to student success. In order to help applicants become successful college students, we provide program placement advice and assistance to applicants who have received a conditional offer of admission or who do not meet program admission requirements by the first day of classes and may be placed into a school's foundations program based on skills assessment scores.

If you apply to a College program but are unable to obtain an offer of admission, you may discuss your situation with staff from the PASS Office. We will help you to understand the reasons you were not offered admission to the program of your choice, and assist you in planning to meet your educational objectives.

The staff from the PASS Office is available Monday through Friday 8:30 AM until 3:30 PM on a walk-in basis. Appointments are not necessary.

For more information please call 416-289-5000, ext. 2596 or e-mail pass@centennialcollege.ca

STUDENT SUCCESS OFFICE

The Student Success Office is your starting point to discovering life on campus. We are here to help you with your entrance to college life right from the time you decide to come to Centennial. If you have questions, we can help you find the answers. Here are some of the services and programs offered through the Student Success Office:

- Student Advising
- Internationally Trained Immigrant Advising
- Placement Advice for Student Success (PASS)
- Assessment Testing.

The Student Success Office is located at Progress Campus in D2-05. Contact us at 416-289-5000, ext. 2287.

STUDENT TRANSITIONS OFFICE

At Centennial we understand that coming to college represents a significant life transition for our students. We host orientation programs at the beginning of each semester, as well as several events throughout the year to help smooth the way toward academic and personal success at Centennial. We strive to showcase the many supports that Centennial offers to you as well as connect you with fellow students, staff and faculty; all of whom will be important in your future successes as a lifelong learner. Some of the programs and services we offer are:

- New Student Orientation
- Road Map to Success
- Leadership Passport
- Peer Mentor Program
- Service Fairs
- Service Learning
- Workshops and Seminars

The Student Transitions Office is located at the Progress campus in room D2-05. Contact us at firstyearcentral@centennialcollege.ca or at ext. 2467. For more information visit mycentennial.ca.



Centennial College's NEW Athletic and Wellness Centre