



## Holistic Therapies Treatment Options

Treatment length: One hour

Cost: \$30

- ▶ Aromatherapy Footbath & Reflexology
- ▶ Aromatherapy Back and Foot Application
- ▶ Aromatherapy Facial Steam, Aromatherapy Facial and Mini Foot Application.
- ▶ Therapeutic Touch and Reflexology Treatment
- ▶ Aromatherapy Facial Massage, Solar Plexus Application and Mini Foot Treatment
- ▶ Craniosacral treatment
- ▶ Craniosacral treatment and therapeutic touch

**Note:** These are suggested treatment combinations. You are encouraged to make a treatment decision after consultation with your therapist during the appointment.

There will be homecare recommendations made at the end of the treatment.

To book an appointment call **416 289 5353**